

## Medications to Avoid

**Aspirin must be discontinued 3 weeks prior to surgery and 3 weeks after surgery. If you are taking any other medications on this list, they should be discontinued 2 weeks prior to surgery and 2 weeks after surgery.** Only acetaminophen products, such as Tylenol, should be taken for pain. All other medications – prescriptions, over-the-counter and herbal supplements that you are currently taking must be specifically cleared by Dr. Parker prior to surgery. Not doing so could result in having to postpone your surgery.

### Aspirin/Salicylate Medications to Avoid

*Affect blood clotting.*

4-Way Cold Tabs	Cama Arthritis Pain Reliever	Indomethacin products	Percodan products
5-Aminosalicylic Acid	Carisoprodol Compound	Isollyl Improved	Phenaphen/Codeine #3
Acetilsalicylic Acid	Cataflam	Lanorinal	Pepto-Bismol
Adprin-B products	Cheracol	Ibuprom	Piroxicam
Alka-Seltzer products	Choline Magnesium	Lodine	Propoxyphene
Amigesic Argescic-SA	Trisalicylate	Lortab ASA	Compound products
Anacin products	Choline Salicylate	Magan	Robaxial
Anaflex 750	Cope	Magnaprin products	Rowasa
Anexsia w/Codeine	Coricidin	Magnesium Salicylate	Roxipin
Arthra-G	Cortisone Medications	Magnesium Silicate	Saleto products
Arthritab	Damason-P	Magsol	Salflex
Arthriten products	Darvon Compound-65	Marnal	Salicylate products
Arthritis Pain Formula	Darvon/ASA	Marthritic	Salsalate
Arthritis Strength BC Powder	Diclofenac	Mefenamic Acid	Salsitab
Arthropan	Diflunisal	Meprobamate	Scot-Tussin Original 5-Action
Arthrotec	Dipentum	Mesalamine	Sine-off
ASA	Disalcid	Methocarbarnol	Sinutab
Asacol	Doan's products	Micrainin	Sodium Salicylate
Ascriptin products	Dolobid	Mobidin	Sodol Compound
Aspirin	Dristan	Mobigesic	Soma Compound
Aspergum	Duragesic	Momentum	St. Joseph Aspirin
Asprimox products	Easprin	Mono-Gesic	Sulfasalazine
Axotal	Ecotrin products	Motrin products	Supac
Azdone	Empirin products	Naprelan	Suprax
Azulfidine products	Equagesic	Night-Time Effervescent Cold	Synalgos-DC
B-A-C	Etodolac	Norgesic products	Talwin
Backache Maximum Strength Relief	Excedrin products	Norwich products	Triaminicin
Bayer Products	Fiorgen PF	Olsalazine	Tricosal
BC Powder	Fiorinal products	Orphengesic products	Trilisate
Bismatrol products	Flurbiprofen	Orudis products	Tussanil DH
Buffered Aspirin	Gelpirin	Oxycodone	Tussirex products
Bufferin products	Genprin	Pabalate products	Ursinus-Inlay
Buffetts 11	Gensan	P-A-C	Vanquish
Buffex	Goody's Extra Strength	Pain Reliever Tabs	Wesprin
Butal/ASA/Caff	Headache Powders	Pamprin	Willow Bark products
Butalbital Compound	Halfprin products	Panasal	Zorprin
	IBU	Pentasa	

## Ibuprofen Medications to Avoid

*Affect blood clotting.*

Acular (ophthalmic)	Flubiprophen	Mefenamic Acid	Profenal
Actron	Genpril	Midol-products	Relafen
Advil	Haltran	Motrin	Rhinocaps
Aleve	Indochron E-R	Nabumetone	Rofecoxib
Anaprox products	Indocin products	Nalfon products	Sine-Aid products
Ansaid	Ketoprofen	Naprosyn products	Sulindac
Celecoxib (celebrex)	Ketorolac	Naprox X	Suprofen
Clinoril	Ibuprin	Naproxin	Tolectin products
Daypro	Ibuprofen	Nuprin	Tolmetin
Dimetapp Sinus	Indomethacin	Ocufen (ophthalmic)	Toradol
Dristan Sinus	Meclofenamate	Oruvail	Valdecoxib (bextra)
Feldene	Meclomen	Oxaprozin	Voltaren
Fenoprofen	Meloxicam (mobic)	Piroxicam	
	Menadol	Ponstel	

## Tricyclic Antidepressants to Avoid

*Intensify anesthesia, cardiovascular effects.*

Adapin	Doxepin	Norpramin	Tofranil
Amitriptyline	Elavil	Nortriptyline	Triavil
Amoxapine	Endep	Pamelor	Trimipramine
Anafranil	Etrafon products	Pertofrane	Vivactil
Asendin	Imipramine	Plavix	Ximlagatran
Aventyl	Janimine	Protriptyline	
Clomipramine	Limbitrol products	Sinequan	
Clopidogrel	Ludiomil	Surmontil	
Desipramine	Maprotiline		

## Foods & Beverages to Avoid

*Affect blood clotting. The highlighted are the most important to avoid. All others should be used in moderation only.*

Almonds	Cucumbers	Herbal drinks	Salmon - 1 wk before/1 wk after
Apples	Currants	Leafy greens	Soy
Apple Juice	Curry Powder	Liver	Strawberries
Apple Cider Vinegar	Dill	Onions	Tea Black, Green, Herbal
Apricots	Energy drinks (all)	Oregano	Tomatoes
Blackberries	Garlic	Paprika	Pickles
Boysenberries	Ginger	Prunes	Tumeric
Cayenne	Grapes	Raspberries	Wine (red & white)
Cherries	Grape Juice		
Chinese Black Beans	Green Beans		
Cranberry			

## Do not take oils of any sort – Vitamin, herbal, homeopathic blends or dietary aids.

### Vitamins and Herbs to Avoid

*Affect blood clotting, affect blood sugar, increase or decrease the strength of anesthesia, rapid heartbeat, high blood pressure, liver damage. Note: Just because it is not of this list does not mean that it is safe to take while preparing for surgery.*

Ackee fruit	Cranberry	Glucosamine	Omega RED
Airborne	Dandelion root	Gmena	Onions
Alfalfa	Danshen	Goldenseal	Oregano
Aloe	Devil's claw	Gotu Kola	Papaya
Argimony	Dong Quai root	Grape seed (extract)	Peppermint
Barley	Echinacea	Guarana	Periwinkle
Bilberry	Ephedra	Guayusa	Primrose
Biotin	Eucalyptus	Hawthorn	Saw palmetto
Bitter melon	Evening Primrose oil	Horse Chestnut	Selenium
Burdock root	Fenugreek seeds	Juniper	St. John's Wort
Calcium	Feverfew	Kava	Tumeric
Carrot oil	Fish Oil	Lavender	Valerian Root
Cayenne	Flaxseed	Lemon verbena	"The natural Viagra®"
CBD Oil	Fo-ti	Licorice root	Vitamin E
Chamomile	Garlic	Ma Huang	Willow bark
Chromium	Ginger	Melatonin	Yellow root
Cinnamon	Gingko	Muwort	Yohimbe
Coenzyme Q	Gingko biloba	Nem seed oil	
Coriander	Ginseng	Omega-3 fatty acids	

### Other Medication to Avoid

*Affect blood clotting.*

4-Way w/ Codeine	Dicumerol	Opasal	Stelazine
A.C.A.	Dipyridamole	Pan-PAC	Sulfinpyrazone
A-A Compound	Doxycycline	Pentoxifylline	Tenuate
Accutrim	Emagrin	Persantine	Tenuate Dospan
Actifed	Enoxaparin injection	Phenylpropanolamine	Thorazine
Anexsia	Flagyl	Prednisone	Ticlid
Anisindione	Fragmin injection	Protarnine	Ticlopidine
Anturane	Furadantin	Pyrroxate	Trental
Arthritis Bufferin	Heparin	Ru-Tuss	Ursinus
BC Tablets	Hydrocortisone	Salatin	Virbamycin
Clinoril C	Lovenox injection	Sinex	Warafin
Contac	Macrochantin	Sofarin	
Coumadin	Mellaril	Soltice	
Dalteparin injection	Miradon	Sparine	

### Avoid ALL Diet Aids – Including Over-the-Counter & Herbal Supplements

*Intensify anesthesia, cardiovascular effects and may affect blood clotting.*

If you are taking anything not on this list, please call the office at «Practice\_Phone» to notify us and make sure that it is okay. **It is always better to call the office then have your surgery postponed due to taking a questionable medication.**